

The 2016

Dubai to Muscat Race

25th Anniversary

10th - 15th November 2016



Sailing Instructions

All times are local

1. INTRODUCTION

- 1.1 The Organising Authority for the 2016 Dubai to Muscat Race is the United Arab Emirates Sailing and Rowing Federation (UAE SARF). The race is recognised by the Royal Ocean Racing Club.
- 1.2 Regatta Headquarters will remain at Dubai Offshore Sailing Club (DOSC) until Saturday 12 November when it will relocate to AL MOUJ MARINA at Muscat until Tuesday 15 November.
- 1.3 In order to comply with UAE Immigration Regulations, all boats shall submit the necessary information including their signed Entry Form and completed Crew List Entry Form (see SI Appendix 1) to the Organising Authority.
Please return these forms to:

- Amal Yousuf amal@binzayed.ae
- Aaref Al Haranki haranki442@gmail.com

Forms to be returned at the latest by 23:59 on Monday 7 November 2016. The Race Organiser may refuse to accept crew lists after this date.

Skippers are responsible for the timely completion of all UAE Immigration requirements.

- 1.4 The Pre-regatta party will take place at DOSC from 19:00 on Wednesday 9 November. The parade of boats leading out to the starting area will depart from the Fishing Village next to DOSC from 13:00 on Thursday 10 November (refer to SI 6).

2. RULES

- 2.1 The Regatta will be governed by the current Racing Rules of Sailing.
- 2.2 The following prescriptions will also apply.
 - The IRC Rules Parts A, B and C will apply to IRC classes except that IRC Rule 22.4.2 will not apply.
 - IRC Designated One Design Boats shall comply with Class Rules. For all other boats Class Rules do not apply.
 - The ISAF Offshore Special Regulations (OSR 2016-2017, Category 3 with Life Raft).
- 2.3 Except when otherwise stated in these Sailing Instructions, the rules of RRS Part 2 shall not apply between the times of local sunset and sunrise and shall be replaced with the right-of-way rules of IRPCAS (International Regulations for Prevention of Collisions at Sea).
- 2.4 Boats shall keep clear of all Local Restricted Areas including the Deira Exclusion Zone (refer to exclusion areas as defined in the SI Appendix 2 "COURSE").

A penalty for an infringement of this rule will be at the discretion of the Protest Committee and may include disqualification (amends RRS 64.1(a)). For the avoidance of doubt the definition of the Exclusion Zone is delineated by the Latitude and Longitude positions of cardinal and other marks as per Appendix 2 to the SI's.

All exclusion areas shall be considered as obstructions according to RRS.

2.5 Boats shall at all times keep clear of Iranian territorial waters and a minimum of 12 (twelve) nautical miles offshore of any Iranian Territories.

2.6 Use of engines

2.6.1 Competitors are reminded of RRS 42.1 “A boat shall compete by using only the wind and water to increase, maintain, or decrease her speed”.

2.6.2 When a boat uses its engine to avoid collision, to assist another vessel, or in a grave emergency, the facts (including exact time of engine start and finish, and exact distance and track covered whilst under power) shall be reported to the race committee at the finish. The Race Committee will apply a penalty of 10% (minimum 1 place), except when the boat at a hearing shows that the circumstances which led to her use of the engine were entirely outside her control (when the penalty may be waived). However, the protest committee after a hearing will disqualify the boat when it judges significant advantage was gained.

2.6.3 Notwithstanding the above, a boat’s elapsed time will be counted from the starting signal until she finishes.

2.7 Use of lifejackets

All crew are to be made aware of their responsibility in rules observance and in particular RRS1.2 (wearing personal flotation devices adequate for the conditions).

It is strongly recommended that lifejackets shall be worn when on deck:

- a. Between the hours of sunset and sunrise,
- b. When alone on deck,
- c. When reefed,
- d. When the true wind speed is 20 kts or above,
- e. when the visibility is less than 1 nautical mile,

2.8 Finishing times and Declarations

2.8.1 All skippers shall, as soon as practicable after finishing signal the race committee by SMS text on either **00 971 54 327 3600** either **00 33 611 574 356** with their boat name and finishing date and time to the nearest second.

The text message shall read as follows: **[Boat Name] [date] [hour] [minute] [second]** (e.g. Silver Spray 10 Nov 02 23 48).

This text message will also serve as the boat’s post Finishing Declaration confirming that she has sailed the course correctly and complied throughout with the Rules of the Regatta. Failure to do so will result in boats being scored DNF.

The Race Committee will acknowledge receipt of this text message.

3. NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located at DOSC.

4. CHANGES TO SAILING INSTRUCTIONS

4.1 Any changes to the Sailing Instructions will be posted before 09:00 on the day it will take effect, except that of any change to the schedule of races, which will be posted by 20:00 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at DOSC
- 5.2 When flag 'AP' is displayed ashore, '1 minute' is replaced with "not less than thirty minutes in the race signal AP".
- 5.3 When Flag "AP" is displayed afloat with two sound signals the race is postponed. The warning signal will be made not less than one minute after Flag "AP" signal is lowered with one sound signal.

6. SCHEDULE

Monday 7 November
19:00 Skippers briefing
Location: DOSC

Tuesday 8 November

09:00 to 17:00 **Scrutineering: by appointment with the Race Committee**
(doodle link: <https://doodle.com/poll/xd5syicx8vuxszhx>)
Or by phone to cellphone: N° 00 971 (0) 54 327 3600,
All boats must reserve a time for scrutineering with the Race Committee that will be strictly managed to ensure all boats are inspected in the time available. Failure to then attend at the agreed time may lead to disqualification.

Wednesday 9 November

08:00 to 17:00 Scrutineering: by appointment with the Race Committee
(doodle link: <https://doodle.com/poll/xd5syicx8vuxszhx>)
Or by phone to cellphone: N° 00 971 (0) 54 327 3600,

18:00 Educational Programme boats to be berthed at the fishing harbour pontoons, Berthing plan will be available from Race Organiser.

19:00 Pre-regatta party at DOSC

Thursday 10 November

08:00 Immigration: Skipper's or their representative shall submit final crew lists together with passports plus 40 UAED per person to SARF who will be represented at DOSC for clearance out of UAE

09:30 Skipper's Briefing in the upstairs Loft at DOSC immediately followed by Skipper's Sign On (see SI 16.4 below).

12:00 Departure Ceremony on the Fishing Harbour slipway.

13:00 Parade of Boats. Details of this and the Departure ceremony (see above) will be explained at the Skipper's Briefing

14:00 IRC Class Warning Signal **NOT BEFORE**

Tuesday 15 November (Al Mouj / Sultanate of Oman)

18:00 Time limit to be eligible for race prizes

18:00 onwards Pontoon reception at Al Mouj Marina followed by post race regatta party at Holiday Inn Seeb, Muscat.

7. RACING DIVISIONS & CLASS FLAGS

7.1 The Organising Authority shall determine the division splits once entry has closed and will announced divisions on the notice board.

7.2 Class flags will be:-

- | | |
|--------------------|--------------------|
| - IRC Class 1 | Numeral Pennant #1 |
| - IRC Class 2 | Numeral Pennant #2 |
| - Club Class | Numeral Pennant #4 |
| - Multi-hull Class | Numeral Pennant #5 |

8. THE COURSE

8.1 The courses will be from Dubai (U.A.E) to Muscat (Sultanate of Oman), Al Mouj Marina. Details in Appendix 2."COURSE"

Approximate distance: 300 nautical miles.

The use of virtual marks (waypoints) may be included by the Organising Authority in the interests of safety, and for the purpose of identification of local and national exclusion zones (refer to SI 2.4). If such marks are to be used, details will be promulgated at the Skippers' Briefing.

8.2 Attention is drawn to all competitors to SI's 2.5 and SI 10.1.3, remaining clear of Iranian territories or contested waters or territories.

8.3 The course will not be shortened. This changes rule 32.

9. MARKS

9.1 Laid inflatable start and finish marks are described in SI's 11 and SI 12.

9.2 Windward mark (potential):

If necessary, and at the latest at the Warning signal, the race committee will display flag 'D' if there is a windward mark as the first mark of the course.

A green flag will be displayed if the windward mark has to be left to starboard. If there is no green flag, it means that the windward mark has to be left to port. This changes the RRS.

10. AREAS THAT ARE OBSTRUCTIONS

10.1 The following areas are designated as obstructions. Any boat found to have sailed into any of these areas may be scored DSQ after a Protest Committee hearing.

10.1.1 All charted National Exclusion Zones shall be considered an obstruction. Exclusion zones shall include all cardinal and lateral navigation marks identifying the exclusion zone, or in their obvious absence, their charted position, and includes the area inside the rhumb line between these marks. If it is established that a boat has breached this instruction and in doing so is judged to have gained an advantage, the penalty awarded by a protest committee may be up to disqualification (DSQ).

10.1.2 Restricted areas surrounding drilling platforms and any oil rigs.

11. THE START

11.1 All classes will be started using rule 26 with the warning signal made five minutes before the starting signal. The orange start line flag will be displayed no less than five minutes before the warning signal.

Signal	Flag and sound signal	Minutes before start
Warning	Hoisting of Pennant #1 + 1 sound signal	5
Preparatory	Hoisting of the "P" flag + 1 sound signal	4
-1	"P" flag lowered + 1 long sound signal	1
Starting	Pennant #1 lowered + 1 sound signal	0

11.2 The start line will be between a staff displaying an orange flag on the committee boat at the starboard end of the start line, and the windward side of the adjacent port end starting inflatable orange mark.

12. THE FINISH

12.1 The finishing line will be between a laid orange inflatable mark showing an orange or white flashing light (QFI) north of the entrance of AL MOUJ MARINA, in approximate position:

23° 38',50 N & 058° 15',80 E to be left to port,

and the north cardinal beacon located at the western end of the Al Mouj Marina breakwater, in position:

23°38',37 N & 058°15',80 E to be left to starboard.

12.2 The finishing line may not be manned (refer to SI's 1.2 & SI 2.8.1)

13. PENALTY SYSTEM

13.1 In accordance with rule 44 a boat that may have broken a rule of RRS Part 2 while racing may take a penalty, but rule 44.2 is amended to the extent that the turn shall be a **One-Turn Penalty** including one tack and one gybe.

14. TIME LIMIT

- 14.1 The time limit for boats to finish will be 18:00 on Tuesday 15 November.

Boats may finish after the stated time limit and will receive a simulated placing to determine their relative performance. Although for boats finishing after the time limit their result will not count towards the race prizes. Please note the timing in clause 4.5 that berthing at Al Mouj is not provided by the race organizer after the morning of Nov 16th.

15. PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms will be available at Regatta Headquarters in DOSC and in AL MOUJ MARINA race office. Boats intending to submit protests or claims for redress shall inform the Race Committee as soon as practicable after finishing and no later than the time limit (refer to SI 14.1).
- 15.2. Protests will be heard when convenient to all parties.
- 15.3. Notices of protests by the race committee will be posted to inform boats under rule 61.1(b).
- 15.4. Breaches of SI's 2.3, SI 2.5, SI 2.7, SI 17, and SI 21, shall not be grounds for a protest by another boat. This changes rule 60.1. Penalties for these breaches may be less than disqualification if the Protest Committee so decide.
- 15.6. Decisions by the Protest Committee will be final as provided in rule 70.5.

16. SAFETY REGULATIONS

- 16.1 Competitors' attention is particularly drawn to the following;
- 16.2 The safety of a yacht and her entire management shall be the sole responsibility of the Person in Charge racing the yacht, who shall ensure that the yacht and crew are adequate to face the conditions that may arise in the course of the race.
- 16.3 In the interests of safety, and in accordance with rule 76.1 the Organising Authority reserves the right to reject or cancel the entry of any boat prior to the race if it considers that its crew are insufficiently experienced for the size and classification of the boat in question.
- 16.4. All Skippers shall Sign On at Dubai Regatta Headquarters immediately following the Skipper's briefing at 09:30 (see SI 6 above) to confirm all crew details held by the Race Committee are up to date, accurate and complete. A boat not signing on will be scored DNS.
- 16.5. Where possible and at the discretion of the Skipper, the Race Committee requests that boats attempt to report their GPS position by SMS to 00 971 (0) 54 327 3600 or to 00 33 611 574 356 between 12:00 and 13:00 commencing Friday 11 November.

Boats are advised to contact UKMTO Dubai at their discretion on a daily basis, UKMTO Dubai: **+971 50 552 3215**, this number is manned 24 hours daily.

- 16.6 Boats are also advised to call the Royal Navy of Oman (Callsign: Alpha 4 November) at Goat's Island on Channel 16 when within 5 nautical miles.

- 16.7. A boat that retires from the race shall attempt to notify the race committee as soon as possible, by contacting **00 971 54 327 3600** or **00 33 611574 356**.
- 16.8 For emergency purposes boats may contact the race director local number **00 971 54 327 3600** & **+33 611 574 356** or the DOSC Sailing Manager (James Harris) on **+971 50 451 3922**
- 16.9 The Organising Authority may arrange a support boat to sail in the vicinity of the majority of racing boats to assist if needed and to provide video and filming services to the OA. Further details will be provided in the Skipper's Briefing.

17. EQUIPMENT AND MEASUREMENT CHECKS

- 17.1 A boat or equipment may be inspected at any time for compliance with the Rules and Sailing Instructions.
- 17.2 The Skipper or a nominated crew member shall be present at the time of inspection.

18. BERTHING

- 18.1 Berthing in UAE ahead of the race will be at DOSC for DOSC members and in the Fishing Harbour for non DOSC boats. Non DOSC boats shall inform the Organising Authority on coordinator@sarf.ae to arrange berthing in the fishing harbour.
- 18.2 Berthing in Oman will be available at AL MOUJ MARINA from November 12 to November 16th up to 12:00. By entering the race the skippers and crew accept the Marina Terms and Conditions and Rules of Al Mouj Marina.
- 18.3 Boats are requested to contact race director at least 30 minutes before crossing the finish line at AL MOUJ MARINA.

19. SCORING

- 19.1 The scoring will be in accordance with the low-point scoring system as defined in Appendix A of the Racing Rules of Sailing.
- 19.2 The IRC Class will be scored on corrected time by TCC. The Club Class will be scored on corrected time by TCC as allocated by the Race Committee

20. ADVERTISING

- 20.1 In addition to IRC Rule 16.1, the following additional requirements shall apply:
 - 20.1.1 Boats intending to carry advertising should indicate this on their entry form along with the names of companies and/or products to be advertised. In accordance with World Sailing regulation 20.2.4 Competitors shall note that advertising must be within the generally accepted moral and ethical standards of the U.A.E. or Oman. As a guide, sponsorship of alcoholic products is illegal and only under exceptional cases would sponsorship of cigarette products be accepted. Any sponsorship deemed contrary to Islamic principles would not be permitted. In the event of competitors displaying any advertising deemed by the race committee as not complying with these requirements, the penalty would be disqualification by the race committee without a hearing. In addition action by the protest committee under rule 69 "Unacceptable Conduct" would be considered.

- 20.1.2 Competitors and crew members shall also grant, at no cost, Sponsors and affiliated companies, the absolute right and permission to use their name, image, likeness, biographical material as well as representations of the boats in their magazine and promotional tools. Competitors and crew members' name, voice, image, likeness and biographical material shall not be used by Sponsors and affiliated companies in a way which constitutes an endorsement of Sponsors products by said competitors and crew members, unless the relevant competitor or crew member is engaged by The Sponsors or affiliated companies to endorse the sponsors products or gives his/her prior written consent to such use.

21. TRASH DISPOSAL

- 21.1 Boats shall not intentionally dispose of trash at sea, however discarding elastic or wool bands when setting a sail is permitted. This changes rule 55.

22. COMMUNICATION

- 22.1 VHF 8 may be used for race information.
- 22.2 Mobile (and satellite) telephones - One operational unit shall be on board when racing. RRS 41 shall be observed. Boats shall comply with any safety reporting schedule set out in the Sailing Instructions.
- 22.3 Media - there is no restriction on broadcasting from a boat to the Organising Authority media team during racing provided that RRS 41 is always observed, including any communication linked to the educational program set in place specifically for the race.
- 22.4 On Board Cameras - The Organizing Authority reserves the right to place a camera (manually operated) on board each boat for media purposes. Some boats may be ask to take on Board a cameraman at the discretion of the skipper.
- 22.1 Except in an emergency or in response to calls from Coastguard Vessels or the Race Committee a boat shall neither make radio transmissions while racing nor receive radio communications not available for all boats. This restriction also applies to mobile telephones.

In addition RRS 41 (c) is replaced by: "A boat shall not receive help from any outside source, except help in the form of information which is freely available to all boats, which shall include navigational, weather, tide or current information from any source which is available to all boats whether or not by payment of a fee or subscription, but shall not include any information gathered or the subject of interpretation by, or any advice received from, any source not on board the boat and which is specific to the boat and her situation. By way of example and interpretation: downloading charts, weather and/or tidal GRIB files from subscription services, or having such information passed to the boat in its pure form, is permitted but receiving messages or information which is the result of interpretation as it applies to the boat is not permitted.

Boats are also permitted to send blogs or reports to the race website, and use other social media provided that it is publicly available. Communications between boats on race matters is not permitted.

- 22.2 It is intended that all boats shall carry a tracking unit. Information will be displayed on the Dubai to Muscat Race website, on www.sarf.ae and also on the DOSC website. A boat's track from her tracker unit will not be used as grounds for a protest by another boat. This changes rule 60.1.

22.3 Depending on availability satellite telephones will be issued to competitors

23. PRIZES

23.1 Prizes will be awarded for 1st, 2nd and 3rd place in each Division, subject to at least 3 entries for each. Further prizes may be awarded at the discretion of the Organising Authority and will be subject to final entry numbers and classes.

23.2 The first boat on IRC handicap will be awarded the “Dubai to Muscat Race Trophy”.

23.3 Final positions may be announced during the post race reception on November 15th in Muscat

23.3 Official Prize Giving will take place at DOSC on Saturday Nov 26. Timing to be announced.

24. RISK STATEMENT

Each competitor agrees and understands:-

24.1 To be bound by the rules as defined in the current Racing Rules of Sailing and by all other rules that govern this Race. Owners shall draw the attention of the crews to this Disclaimer before the start of the race, and also to rule 4 (Decision to Race).

24.3 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Each yacht is entirely responsible for its own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces that responsibility.

24.4 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. The Organising Authority, its sponsors, affiliated companies, employees and agents accept no liability for accident or injury sustained during the race. By taking part in the event, each person in Charge (OSR1.02.1) agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;

f) The provision of patrol boat cover is limited to such assistance, particularly in extrema

weather conditions, as can be practically provided in the circumstances;

- g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew; and
- h) Their boat holds an adequate marine legal liability insurance policy with respect to the boat, current when racing, and shall ensure that all crewmembers are aware of the importance of effecting appropriate personal insurance.

24.5 Nothing done by the Organising Authority can reduce the responsibility of the skipper nor will it make the Organising Authority responsible for any loss, damage or personal injury, however the same may have occurred, as a result of the yacht's participation at the event. The term "Organising Authority" shall include any person helping to run and/or assist with the event and it includes, but is not limited to, The Dubai Offshore Sailing club, Al Mouj Marina the Race Committee, Principal Race Officer, Race Committee Vessels, sponsors, support and spectator boats, supporters and other companies and organisations officially involved with the event.

24.6 If any provision in this Section (Disclaimer of Liability) is deemed for any reason to be invalid, void or deleted, the remainder of this Section and this Agreement shall nevertheless remain in force.

25. INSURANCE

25.1 The owner or charterer of a participating boat shall hold adequate marine legal liability insurance policy with respect to the boat, current when racing, and shall ensure that all crewmembers are aware of the importance of effecting appropriate personal insurance.

26. RIGHTS TO USE NAME AND LIKENESS

26.1 By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show at their discretion, any photography, audio and video recordings and other reproductions of them made at the venues or on the water from the time of their arrival at any of the venues until their departure, without compensation.

27 FURTHER INFORMATION

For further information please contact UAE SARF as follows:

Tel +971 4373 9826
Email coordinator@sarf.ae

Also please visit the SARF website: <http://sarf.ae> and the race website at: <http://dubaitomuscatrace.ae>

The Organising Authority greatly appreciates the support and commitment of the companies and corporate partners that provide equipment and services to the race, sponsorship, or who otherwise support the event in various ways.

Event Sponsors



Media Partners



Venue Partners



Facilitating partnerships:



Appendix 1 - CREW LIST

Fill in with whatever information is available and send to Organising Authority.

Final crew list **MUST** be submitted by 9am on Nov 10th.

Please complete and return (use Excel spreadsheet if possible) and send partial lists as indicated below
Separate A4 scans of passport photo page, current visa details and UAE ID card to be included

No Boat Name:

	Crew members	Passport No.	Date of Expiry	Nationality	Entry Type	Visa No.	Date of Expiry	Contact No	email	Next of Kin / relationship	Next of kin contact No
	Person in Charge:										
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
15											

* Please do not wait until full details of all crew members are known before sending this form. It can be updated and sent as details emerge.

I confirm full details of all crew members now included, Signed: _____

Skipper Name: _____

Date: _____